

CENTER FOR SUSTAINABLE FORESTRY AT PACK FOREST

Breakfast Fare

Pancakes with Syrup, Berries and Whipping Cream

**Ham and Cheese Omelet with Hashbrowns*

**Breakfast Burrito with Hashbrowns*

French Toast with Syrup, Berries and Whipping Cream

Veggie Frittata and Choice of Breakfast Meat

Scrambled Eggs and Hashbrowns

Fried Eggs and Hashbrowns

**Biscuits & Gravy, Eggs and Hashbrowns*

**Ham or Sausage, Egg and Cheese on a Croissant, English muffin or Bagel*

*Breakfast always includes: Bacon, Sausage or Ham, Coffee, Tea, Milk & Juice,
Hot and Cold Cereal, Whole Fruit and Assorted Breads for Toast. Butter, Jam, Cream Cheese.
Peanut Butter available upon request.*

Continental Breakfast

*Yogurt, Hard Boiled Eggs, Bagels w/ Cream Cheese, Assorted Danish, Fresh Fruit,
Juice, Coffee and Tea*

****ITEM INCLUDES, BACON, HAM OR SAUSAGE***



Lunch

Turkey Club on Croissant or Ciabatta with Homemade Soup
Chicken Parmesan Sandwich with Homemade Soup
Chicken Sandwich with Grilled Onion on a Kaiser Roll
Meatball Sub with Homemade Soup
French Dip Sandwich with Homemade Soup
Philly Steak or Chicken Sandwich with Homemade Soup
Hoagie Sub or Italian Sub with Homemade Soup
Chicken, Pork, Beef or Tofu Stir Fry with Rice, Rolls and Salad
Pasta Primavera, Garlic Bread and Salad
Grilled Cheese Sandwich with Homemade Soup
Grilled Ham & Cheese Sandwich w/ Grilled Onion & Homemade Soup
Grilled Havarti, Pesto & Avocado w/ Shaved Onion on Sourdough
Hamburger or Cheese Burger with Soup and Chips
Caprese Sandwich with Homemade Soup
Hummus Veggie Sandwich w/ Homemade Soup
Beef, Chicken or Pork Tacos or Fajita's

Soups

Baked Potato
Beef Vegetable
Clam Chowder
Chicken Noodle
Chicken Rice
Garden Vegetable
Tomato Basil
Beef Taco
Vegan Taco
Chili

***Lunch always includes: Coffee, Assorted Tea, Assorted Soda, Milk,
Whole Fruit, Garden Salad and Dessert***

BREADS LIST ARE SUGGESTION!

Dinner

Pasta

Chicken Fettuccini with French bread
Spaghetti with Meat or Vegetarian Sauce, Bread Sticks
Spaghetti and Meatballs w/ Vegetarian Sauce
Meat or Vegetarian Lasagna, Bread Sticks
Mushroom or Chicken Alfredo Lasagna with French bread
Chicken Alfredo & Garlic Bread
Cheese or Mushroom Ravioli with Vegetarian Sauce, Garlic Bread

Chicken / Turkey

Imperial Chicken with Rice Pilaf and Rolls
Senora Chicken with Macaroni & Cheese or Baked Potato and Rolls
Oven Baked Chicken with Roasted Red Potatoes and Rolls
Roast Turkey with Mashed Potatoes, Gravy, Dressing and Rolls
Chicken Enchilada's w/ Rice and Refried Beans
Mexican Chicken w/ Chili's served over White Rice

Beef and Pork

Beef or Mushroom Stroganoff over Noodle with Biscuits
Pork Chops with Mushroom Sauce, Rice and Rolls
Roast Beef, Mashed Potatoes, Gravy and Rolls
Meatloaf, Baked Potatoes, Green Beans and Rolls
Baked Ham with Scalloped Potatoes and Corn Bread
Green Pepper Steak over Rice with Rolls

Fish

Baked Cod with Roasted Red Potatoes and Rolls

Bread Options; Rolls, French, Sticks, Garlic & Corn Bread

Potato Options; Baked, Roasted, Mashed or Garlic Mashed

***Dinner always includes: Garden Salad, Whole Fruit, Dessert, Coffee, Assorted Tea,
Soft Drinks and Milk***

CLIENT CAN CHOOSE A DESSERT!

BBQ Dinners

*BBQ Hot Dogs, Hamburger or Polish Sausage with
Potato Salad or Macaroni Salad, Baked Beans or Chili,
Garden Salad, Chips and Ice Cream or Sorbet*

*BBQ New York Steak 8oz with choice of Potato or Rice
Baked Beans, Salad Bar, Corn Bread
and Berry Crisp*

*BBQ Salmon with choice of Potato or Rice, Seasonal Vegetable,
Baked Beans, Corn Bread, Coleslaw,
Salad Bar and Berry Crisp*

*BBQ Chicken Dinner with choice of Potato or Rice
Seasonal Vegetable, Baked Beans, Rolls,
Salad Bar and Strawberry Shortcake, Berry Crisp,
Ice Cream or Sorbet*

Potato Side Choices;

Roasted Potatoes, Baked Potato, Garlic Mashed & Mashed Potatoes

Rice Side Choices: *Rice Pilaf, Brown Rice, Wild Rice & White Rice*

Vegetarian / Vegan Options;

Veggie Burgers, Stuffed Portobello Mushroom, Zucchini Boat & Stuffed Peppers

***BBQ Dinner always includes: Garden Salad, Whole Fruit, Dessert, Coffee,
Assorted Tea, Soft Drinks and Milk***

***A choice of picnic or traditional dinner sides are available for the
Chicken, Steak or Salmon BBQ***



Break Options

Whether choosing our famous cinnamon rolls, delicious cookies or tantalizing appetizers. Break service items and service are highly rated. Break service is delivered to the meeting room or social area. Delivery location(s) and time(s) are due no later than guarantee date. Below is a sample of our most popular ordered items.

Beverages

*Coffee, Decaf or Tea \$20.00 Pump Pot
Juice \$35.00 Gallon Individual Juices \$3.00 each
Soft Drinks \$3.00, Bottled Water \$2.75, Sparkling Water \$3.50 each
Unlimited Beverage in Dining Hall \$4.75*

Pastries

*Cookies \$2.50, Raspberry Bars, \$3.00 each
Brownies \$2.75, Lemon Bars \$3.50, Apple Dumplings \$3.00 each
Cinnamon Rolls \$3.25, Scones \$3.50, Assorted Danish \$3.25, Muffins, \$3.50 each*

Fruit

*Whole Fruit \$3.00 each
Fruit Cup \$4.25 per serving*

Appetizers

**SS Potato Chips with *SS Dip \$2.50 per serving
*SS Tortilla Chips with SS Salsa \$2.50, *SS Trail Mix \$2.75 per serving
*SS Popcorn \$2.00 per serving
SS S'mores \$4.00 per serving

\$5.25 per serving

*Spanakopita, Pin Wheels, Egg Rolls, Meatballs, Stuffed Jalapeno,
Chicken or Beef Taquitos w/ Guacamole or Salsa,
Chicken Flauta w/ Guacamole or Salsa, *SS Cheese & Crackers,
*SS Mexi Dip w/ Tortilla Chips, *SS Meat / Cheese & Crackers*

\$5.00 per serving

Chicken Wings, Stuffed Mushrooms, Deli Wraps

*Hoagie Subs or Italian Subs, **\$9.00 per serving***

***SINGLE SERVE**